



Top Ten Ways Leaders Handle Stress

10. Dance naked before the Lord.
9. Pay your tithe in pennies.
8. Make a list of things to do that you've already done.
7. Alliterate your grocery list.
6. Fill out tax forms in Roman Numerals.
5. Write a sermon manuscript using Alphabet Soup.
4. Stare at board members through prongs of a fork and pretend they're in jail!
3. Bill your doctor for time spent in his waiting room.
2. When someone says, "Have a nice day," tell them you have a previous commitment.
1. Draw goatees on pictures of denominational church leaders.